



# NEWSLETTER

OCTOBER 2025

## HELLO EVERYONE!

The end of the project is a jet to come.

All partners met in Burgos the 25th and 26th of September 2025. During these days, they reviewed the 24 months that the project has lasted. They closed the manual and organised the final events that took place during the month of October.



The project "Exchanging good practices on Active and Healthy Ageing for Adults with Autism and their caregivers" is co-funded by the Erasmus+ programme of the European Union. The contents of this document are the sole responsibility of Fundación Miradas, Autism Praxis Infinity Solutions (APIS) Ltd, University of Calabria and Greek Carers Network EPIONI and neither the European Commission nor the Spanish Service for the Internationalisation of Education (SEPIE) are responsible for any use that may be made of the information contained therein".





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## Fundación Miradas (Spain)

Regarding final events, in Burgos (Spain) it took place the 2nd of October. Rebecca Charlton, Professor in Psychology at Goldsmiths, expert in research focusing on changes in later-life and the factors that promote healthy ageing, gave a talk in which she discussed ageing and autism. Later, Marta and Miguel (FM) explain the AHA4AUTISM PROJECT and their work and results during these months.





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## EPIONI (Greece)

The Greek organisation EPIONI organised the final event at the European Parliament offices in Athens. Meanwhile, in Athens (Greece), EPIONI organized its final event, presenting the results of the project to participants.

The event took place on October 6.



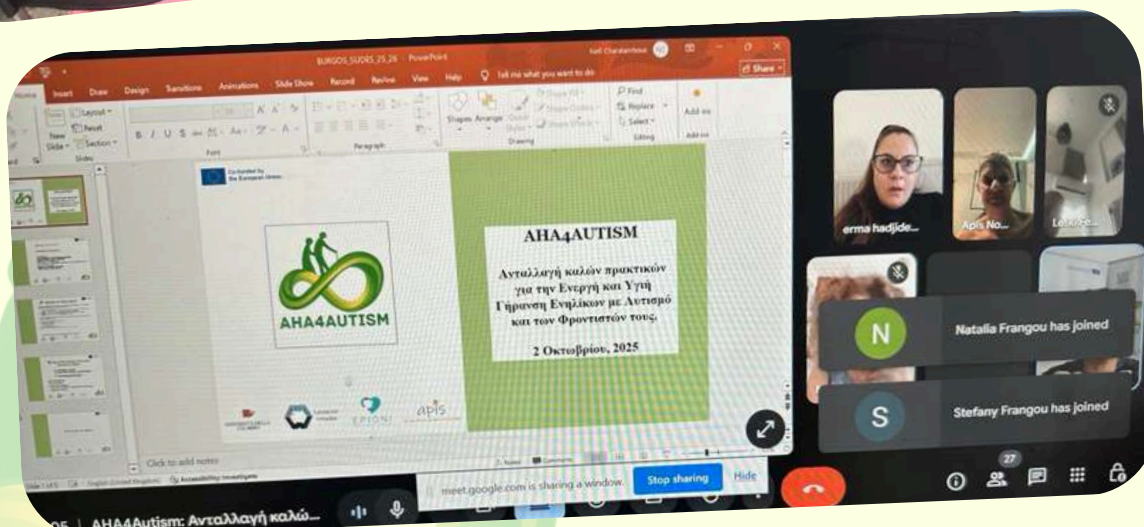


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## APIS (Cyprus)

In Cyprus, the event was held at the APIS headquarters in the city of Limassol. It took place on Thursday, 2 October.





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## Universita Della Calabria (Italy)

On 8 October, Prof. Antonella Valenti, Professor of Special Education and Rector's Delegate for Disability and SLDs, gave a lecture entitled AUTISM IN ADULTHOOD GOOD PRACTICES FOR WELL-BEING AND INDEPENDENCE at the University of Calabria.





EXCHANGING GOOD PRACTICES ON ACTIVE AND HEALTHY  
AGEING FOR ADULTS WITH AUTISM AND THEIR CAREGIVERS



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By the end, we want to share with you the final version of the manual on best practices on active and healthy ageing for adults with autism and their caregivers. The manual is available in English, Greek, Italian and Spanish.

**You can develop it in our website:**

<https://aha4autism.eu/results>

Thank you very much for being part of this project during this months.  
All the best.



[www.aha4autism.eu](http://www.aha4autism.eu)



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