

# NEWSLETTER

## **MARCH 2025**

### **HELLO AGAIN!**

During these months, the partners have been working on identifying good practices and developing the manual.

Finally, a total of 19 good practices has been compiled, from which a committee of experts has selected the four best ones to develop an implementation manual.

#### What have we done so far?

On October 1, 2024, International Day of Older Persons was celebrated. The partners produced a video in the different languages of the project (English, Spanish, Greek, and Italian) with the aim of raising awareness among the population about the existence of older persons with autism, a group that is still invisible and for whom measures to improve their quality of life are urgently needed.

Likewise, during the first weeks of October, the four partner entities held events in their cities with the aim of raising awareness among the population.

The project "Exchanging good practices on Active and Healthy Ageing for Adults with Autism and their caregivers" is co-funded by the Erasmus+ programme of the European Union. The contents of this document are the sole responsibility of Fundación Miradas, Autism Praxis Infinity Solutions (APIS) Ltd, University of Calabria and Greek Carers Network EPIONI and neither the European Commission nor the Spanish Service for the Internationalisation of Education (SEPIE) are responsible for any use that may be made of the information contained therein".

www.aha4autism.eu





# NEWSLETTER

## **MARCH 2025**

## Fundación Miradas (Spain)

In Burgos, a talk on aging and autism was held on October 3, where attendees were able to listen to Guillermo Benito, an expert on autism and aging. There was also an appearance on the local radio station "Vive Burgos" to talk about the project.





## Universita Della Clabria (Italy)

A talk and workshop on the project was held in the Calabria region of Italy.



# NEWSLETTER

## **MARCH 2025**

## **APIS (Cyprus)**

On October 14, 2024, a hybrid event was held in Limassol, Cyprus, where attendees in person and online were able to listen to the project partners talk about aging in people with autism.





## **EPIONI (Greece)**

Finally, on October 11, 2024, a workshop was held in Athens, Greece, where, in addition to discussing active and healthy aging, participants were able to share practical strategies and resources for improvement.



## NEWSLETTER

**MARCH 2025** 

## WHAT ARE WE GOING TO DO NEXT?

On May 22 and 23, 2025, autism experts from partner organizations will travel to Limassol, Cyprus, to receive training on the best practices outlined in the manual.

The partners will also take advantage of this opportunity to hold a project meeting to establish the final steps of the project.



